

Are You a Risk Taker or a Thrill Seeker? (check all that apply).

1	I have a sense of adventure and crave new experiences	
2	Uncertainty doesn't bother me; in fact I thrive on it	
3	I prefer out-of-the way places rather than popular destinations	
4	I like to take off with no pre-planned timetable	
5	I enjoy participating in things others wouldn't consider	
6	I'm open to physical challenges, like bungee jumping or rock climbing	
7	I thrive in unpredictable situations and am able to rise to the occasion	
8	I believe one can't grow without taking chances	
9	I don't let worry hold me back from trying new things	
10	I like to push my limits and test myself	
11	I'm willing to take on a project without knowing what the outcome will be	
12	I will take a greater risk for a more exciting outcome	
13	I'm stimulated by unfamiliar situations	
14	I'd rather do something with an unpredictable outcome than a predictable one.	
15	I believe in "ask forgiveness rather than permission"	
16	Other people have said I'm crazy to do what I do	
17	I welcome the unexpected	
18	I regret the things I didn't try rather than the ones I did	
19	I've been called impulsive	
20	I get restless after too much time away from adventures	
21	I agree with: "The greater the risk, the greater the reward."	
22	I won't decide not to do something because of an unknown	
23	I prefer doing things that push me out of my comfort zone	
24	Curiosity about the unknown drives me	
25	I get bored easily with routine and look for ways to change it up	

Answer key: Count up your check marks (this is wildly unscientific; just fun)

- Score: 1-5 I'm not much of a risk taker
 6-10 I'm somewhat of a risk taker/sensation seeker
 11-16 I seek out situations that provide risks
 17-25 I'm a definite thrill seeker